



# HELPING SPECIAL NEEDS AND AT-RISK STUDENTS IN KINDERGARTEN

## A TEACHER'S TOOLKIT

Resources related to:

### COMPETENCY 3 TO INTERACT HARMONIOUSLY WITH OTHERS

#### What do I know about the social development of young children?



Beady, Janice (2013). **Observing development of the young child** (8th ed.). Toronto : Pearson.

*This practical text presents Beady's unique system of observing and recording child development using **The Child Development Checklist**. This system is based on a progression of children's skill development in six major areas: emotional, social, physical, cognitive, language, and creative.*



McGrath, Kim (2013). **The Social Development of the Preschool Child - A Quick Reference Guide**.

Retrieved June 26, 2017 from

<http://www.learnquebec.ca/documents/20181/99909/C3-DevelopmentalQuickReference.pdf>



**Social Cognition.**

Retrieved October 7, 2014 from

<http://www.child-encyclopedia.com/social-cognition>

*Social cognition, sometimes called emotional intelligence, plays a major role in children's social and emotional development. Children with a more developed social cognition tend to be better communicators, socially competent, popular with peers, happier at school, and academically more advanced.*



**Peer Relations.**

Retrieved September 29, 2014 from

<http://www.child-encyclopedia.com/peer-relations/>

*Essential to psychosocial adjustment in early childhood and well beyond, children's relations with their peers play a major role in their overall development. Promoting social and emotional competencies and intervening in cases of difficulty very early in life seems particularly effective for fostering positive experiences among children.*

#### What do I know about self-regulation?



### **Canadian Self-Regulation Initiative.**

Retrieved October 16, 2014 from  
<http://www.self-regulation.ca/>

*The Canadian Self-Regulation Initiative has been established first and foremost to help parents and educators ‘reframe’ a child’s behavior: to understand the reasons why a child might be having trouble*

- *paying attention*
- *ignoring distractions*
- *inhibiting impulses*
- *modulating emotions, and*
- *maintaining a state of being calmly focused and alert.*



### **Dr. Shanker, Stuart (2011). *TEDxYMCAAcademy - Self Regulation and Learning* .**

Retrieved October 16, 2014 from  
<https://www.youtube.com/watch?v=HTbAFmOdlmY>

*Dr Stuart Shanker speaks about the nature of self-regulation; the experiences that promote the development of self-regulation and the factors that can impede its development; and what teachers can do to enhance the self-regulation of each and every child in their classroom.*



### **Dr. Shanker, Stuart. (2012) *Calm, Alert, and Learning: Classroom Strategies for Self-Regulation* . Pearson Education.**

*Recent research tells us that one of the keys to student success is self-regulation - the ability to monitor and modify emotions, to focus or shift attention, to control impulses, to tolerate frustration or delay gratification. This book looks at how a child's ability to self-regulate can be improved.*

## **Demonstration of openness to others**



### **MacGrath, Kim (2012). *English Language Learners in Kindergarten*.**

Retrieved June 26, 2017 from  
[www.learnquebec.ca/esl](http://www.learnquebec.ca/esl)

## **Children's books**



### **Dean, J. Dean, K. (2014). *Pete the Cat and the New Guy*. New-York: Harper Collins.**

*There's a new guy in town, and Pete can't wait to meet him. After all, more friends mean more fun. But who can he be? When Pete finally meets Gus, he realizes they're very different from each other. The message of acceptance shines through and is perfect for young readers learning*

*to navigate the social waters.*



Diggs, Taye (2011). **Chocolate Me!** Feiwel & Friends - Macmillan

*The boy is teased for looking different. His skin is darker, his hair is curlier, his nose is bigger than everyone else's. The boy is chocolate. He wishes he looked like the other kids. For everyone who has ever felt different, who has wished to be someone else, here is a celebration of how sweet and lovely and delicious you are.*

## Participation in the group



MacGrath, Kim (2012). **English Language Learners in Kindergarten.**



Retrieved June 26, 2017 from

[www.learnquebec.ca/esl](http://www.learnquebec.ca/esl)



Poole, Carla, Miller, Susan A., Booth Church, Ellen. **Ages & Stages: All About Me.**

Retrieved November 14, 2014 from

<http://www.scholastic.com/teachers/article/ages-stages-all-about-me>

*How we can help children move from "me" to "we".*



Sterling, Alice, Miller, Susan A., Booth Church, Ellen. **Ages & Stages: What Makes Children Anxious.**

Retrieved November 14, 2014 from

<http://www.scholastic.com/teachers/article/ages-stages-what-makes-children-anxious>

*Helping children feel calm and relaxed in your program.*



Greenspan, Stanley I. MD. **Working With Children Who Have Anxiety Disorders.**

Retrieved March 3, 2015 from

<http://www.scholastic.com/teachers/article/working-children-who-have-anxiety-disorders>

*An anxious child faces many challenges at once, and sometimes other factors may intensify the anxiety.*

## Application of a conflict resolution process, with help



Miller, Susan A., Booth Church, Ellen. **Ages & Stages: Learning to Resolve Conflicts.**  
Retrieved November 2, 2014 from  
<http://www.scholastic.com/teachers/article/ages-stages-learning-resolve-conflicts>

*As they develop social and language skills, young children begin to make strides in their ability to work through conflicts and problem-solve.*

### Children's books



Bender, Rebecca (2010). **Giraffe and Bird**, Toronto: Dancing Cat Books.

*It's true that getting along can be difficult, but Giraffe and Bird don't even try. A funny and slightly tender story of two enemies who eventually realize they are much better off together.*

## Observance of the group's rules of conduct



Poole, Carla, Miller, Susan A., Booth Church, Ellen (2000) **Ages & Stages: Learning to Follow Directions.**  
Retrieved November 2, 2014 from  
<http://www.scholastic.com/teachers/article/ages-stages-learning-follow-directions>

*An adult's loving support helps children feel good about cooperating.*



Miller, Susan A., Booth Church, Ellen. **Ages & Stages: Learning to Cooperate.**  
Retrieved November 2, 2014 from  
<http://www.scholastic.com/teachers/article/ages-stages-learning-cooperate>

*Group activities help children build skill in cooperation.*



Poole, Carla, Miller, Susan A., Booth Church, Ellen. **Ages & Stages: Helping Children Adjust to Rules & Routines.**  
Retrieved November 6, 2014 from  
<http://www.scholastic.com/teachers/article/ages-stages-helping-children-adjust-rules-routines>

*Clarifying classroom rules, supporting cooperation, and offering consistent routines help to create a harmonious classroom environment.*

## Personal involvement with others



Poole, Carla, Miller, Susan A., Booth Church, Ellen (2000) **Ages & Stages: How Children Learn Friendships.**

Retrieved November 6, 2014 from

<http://www.scholastic.com/browse/article.jsp?id=3747174>



Poole, Carla, Miller, Susan A., Booth Church, Ellen. **Ages & Stages: Learning to Show Kindness.**

Retrieved November 14, 2014 from

<http://www.scholastic.com/teachers/article/ages-stages-learning-show-kindness>

*Encouraging acts of kindness helps children show caring and concern.*

### **Children's books**



DeRolf, Shane (1997). **The Crayon Box that Talked.** Random House Children's Books.



*Yellow hates Red, so does Green, and no one likes Orange! Can these crayons quit arguing and learn to cooperate? Shane DeRolf's deceptively simple poem celebrates the creation of harmony through diversity. In combination with Michael Letzig's vibrant illustrations, young readers will understand that when we all work together, the results are much more colourful and interesting.*  
Video retrieved November 2 from <http://vimeo.com/23111919>



Munsch, Robert (1999). **We Share Everything!** Scholastic, Inc.

*It's the very first day of kindergarten, and Amanda and Jeremiah have a problem. They want to read the same book. They want to play with the same blocks. The teacher wants them to share everything. But when Amanda and Jeremiah take their teacher's advice, the whole class is in for a hilarious surprise.*



Yolen, Jane (2006). **How Do Dinosaurs Play With Their Friends?** Scholastic, Inc.

*A fun guide to friendship and playing nicely with others, a romp with dinosaurs behaving badly. The ironic text will have children roaring.*