**Timber bench**

****

Level 1

Running left to right

Level 2

Feet apart on the floor Feet together on the bench

Level 3

Feet together left to right

**Floor ladder**

****

Level 3  
  
Left to right

Level 1

Forwards

Level 2

Sideways

**Vaulting Box**

****

Level 3  
  
2 hands

Feet together

Level 1

1 hand

1 foot

Level 2

1 hand

Feet to the side

**Climbing frame**

****

Level 1

Forwards

Level 3  
  
Turning

Level 2

Sideways

**Under the beam**

****

Level 1

Rolling

Level 3  
  
On the back

Level 2

On the stomach

**Over the beam**

****

Level 1

2 hands

Sideways

Level 3  
  
2 hands

Feet together

Level 2

1 hand

Sideways

**Springboard + gate**

****

Level 1

Feet close

Level 3  
  
360 turn

Level 2

Feet apart