

# Timber bench

## Level 1

Running left to right



## Level 2

Feet apart on the floor  
Feet together on the  
bench



## Level 3

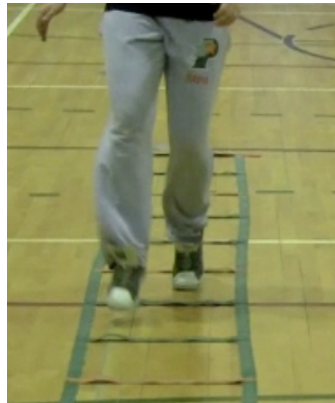
Feet together left to  
right



# Floor ladder

## Level 1

Forwards



## Level 2

Sideways



## Level 3

Left to right



# Vaulting Box

## Level 1

1 hand

1 foot



## Level 2

1 hand

Feet to the side



## Level 3

2 hands

Feet together



# Climbing frame

## Level 1

Forwards



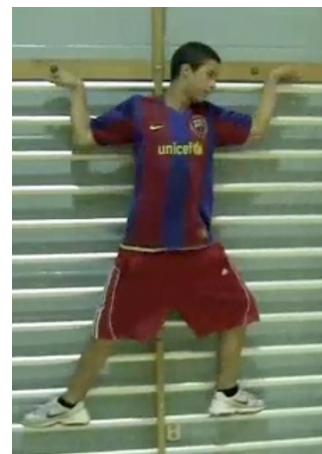
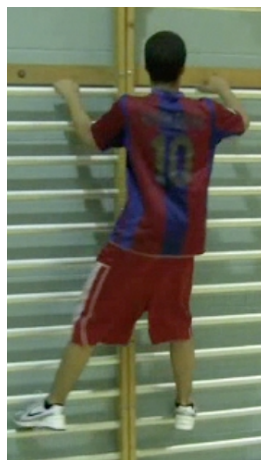
## Level 2

Sideways



## Level 3

Turning



# Under the beam

## Level 1

Rolling



## Level 2

On the stomach



## Level 3

On the back





# Over the beam

## Level 1

2 hands

Sideways



## Level 2

1 hand

Sideways



## Level 3

2 hands

Feet together



# Springboard + gate

## Level 1

Feet close



## Level 2

Feet apart



## Level 3

360 turn

