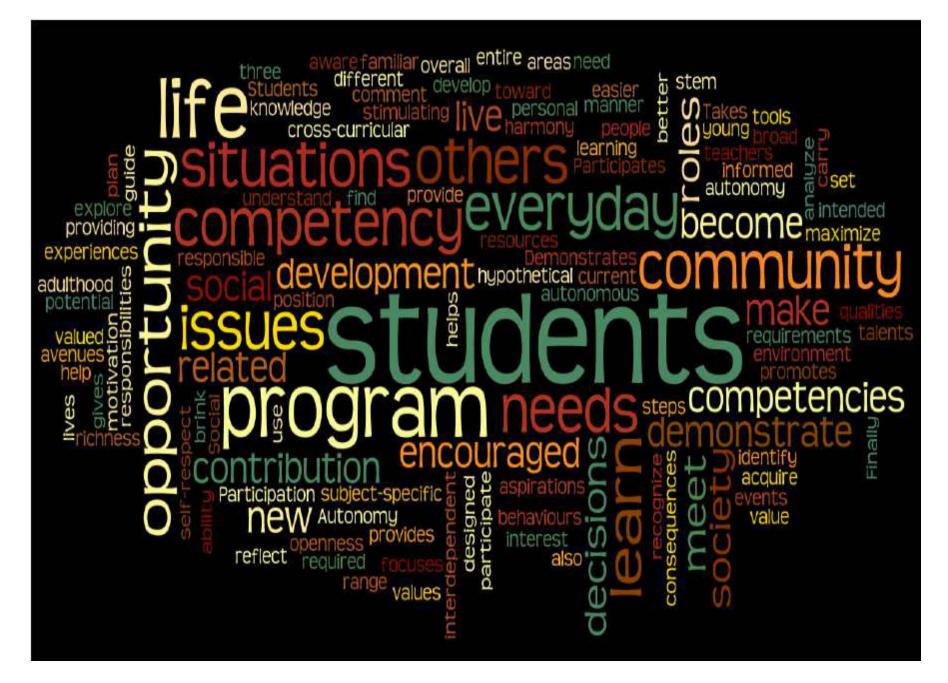
WORK-ORIENTED TRAINING PATH PREWORK TRAINING PROGAM AUTONOMY AND SOCIAL PARTICIPATION CURRICULUM MAP



This is a visual representation of the ASP introduction from the MÉLS curriculum document, created through <u>www.wordle.net</u>



A 2011-12 PDIG was used to allow a group of Prework Training program teachers and a consultant from the Western Quebec School Board the opportunity to examine the course content for

Autonomy and Social Participation.

We began this process by asking ourselves, "What are we teaching?" When we examined the curriculum and reflected on our collective experiences, we came to the conclusion that it isn't about "what" we are teaching but is about "who" we are teaching. At the end of the day, the correct answer to our question is: the students, we teach our individual students. They are all varied and each group is different and therefore we recognize that an individualized program cannot be perfectly mapped out, but we highly recommend that, in the interest of continuity and uniformity across the program, teachers use this curriculum map.

ASP is a course designed to help students understand the world around them and how to become an independent, self-sufficient member of a community. Through the six themes, students are asked to explore and reflect about the various challenges that they will encounter in the real world.

Teachers must use that they use their judgment regarding what content is best suited to the needs of their students. This curriculum map has separated the course content into what is recommended for Year 1 and content that is better suited for Year 2 and 3 students. There is no timeline recommended, as each teacher should use their best judgment when considering needs of their students.

W. Boudreau, H. Chaiton, J. Ells, S. Greig, C. Totten, K. Vibert May 2012

Table of Contents

Framework for the Evaluation of Learning i)

Section 1 Year 1

Curriculum Map Program Content	1a
Health and Wellbeing	1b
Society	1c
Consumption and Financial Independence	1d

Section 3 MÉLS Curriculum Document

Autonomy and Social Participation:

Introduction, Competencies and Program content Page 1-20

Section 2 Year 2/3

Curriculum Map Program Content	2a
Health and Wellbeing Part 1	2b
Health and Wellbeing Part 2	2c
Society and Financial Independence	2d
Housing and Transportation	2e

Section 4 Teacher Resources

Suggested resources

4a,b,c,d

Framework for the Evaluation of Learning:

Autonomy and Social Participation

This subject has three competencies. All competencies are assessed together for one overall assessment.

<u>C1 -Demonstrates autonomy in everyday situations</u>

C2 - Takes an informed position on everyday issues

C3 -Participates in community life

Subject specific knowledge targeted in the program	The understanding, application and use of this knowledge	What the student demonstrates (evidence of learning)
Proficiency of subject-	Correct	Explanation of key elements of a situation (needs, values, roles)
specific knowledge targeted in the program:	understanding of	Recognition of his/her needs or those at issue in a situation
• Health	an everyday situation	Expression of a goal to be achieved, his/her position regarding the situation or the approach envisaged
Society Consumption		Explanation of choices reflecting his/her goal, position or involvement in a situation
Financial Independence Housing	Relevance of his/her choices	Use of personal resources or of those available in his/her environment to support his/her choices, take action or plan his/her approach
Transportation *** The student must be provided with	Consistency of actions	*** Use of strategies appropriate for maintaining motivation and following through with the approach Comparison of viewpoints and adjustment of his/her initial position
feedback on this element, but the element must not be considered when determining the student's mark on the report card.		*** Analysis of his/her choices and approach *** Assessment of the strategies and resources used
		*** Anticipation of the consequences of his/her choices,

ASP

Curriculum Map

Year 1

Year 1 Curriculum Map Program Content: Autonomy and Social Participation

Subject specific knowledge targeted in the program	Specific Program Content
Health and Well-being	 State of health Health needs(wants and needs) Stress Physical activity and eating habits Tobacco, alcohol and drugs Mental health/depression Sleep
Society	1. Laws and regulations 2. Social skills 3. Community Involvement 4. Influencing Factors in society
Consumption	 Responsible Consumption Influencing factors (media) Prevention of overconsumption
Financial Independence	1. Budget 2. Institutions and transactions

The Prework Training program curriculum document states that, "The teacher chooses from among the proposed content—provided as an example only those the students will cover, taking into account their skills, needs and degree of autonomy."

This curriculum map has separated the course content into what is recommended for Year 1 and content that is better suited for Year 2 and 3 students. There is no timeline recommended as each teacher should use their best judgment when considering the needs of their students.

Topic:	State of Health	Drugs, Tobacco and Alcohol	Physical Activity and Eating Habits
Essential Questions	What does mental health mean and how could it affect me?	How will learning about the real effects of drugs and alcohol help me make better choices?	How do my eating habits and level of activity impact my well-being?
Program Content	 Hierarchy of needs (what does it mean to be healthy, needs vs. wants: physiological, social, security, self- esteem, self-fulfillment) Stress (what causes it, signs and symptoms, strategies) Sleep (importance of, factors that impact quality, sleep related problems like insomnia) Mental health/depression (media study) 	 Drugs (types of drugs, physical effects, myths, laws) Tobacco (what is it, physical effects, myths, laws) Alcohol (types, physical effects, myths, laws, social drinking and drinking problems) 	 What is food (carbs, proteins, fats, grains, veggies, vitamins and what they do to our bodies) Canada's Food Guide (requirements, recommendations, nutritional labels) Physical activity recommendations (calories burned, endurance, lifestyle, hours per day of activity, good habits)
Types of Assessments	 C1: Create a short term plan and implement to improve state of health C2: Create a collage of 'what it means to be healthy' and justify content C3: Create a stress pamphlet to hand out to schools 	 C1: C2: Classroom Debate: Should people who smoke, drink, and do drugs pay for their own health care? C3: Create a new warning label for cigarette packaging 	 C1: Evaluate and improve your healthy living journal C2: C3: Start a 'participaction ' campaign to get people moving
Types of Activities	 Discussion of what it actually means to be healthy Research to create a concept map Record a sleep journal Look at recent stories in the news and discuss with students 	 Present a research project on a drug Do a science experiment demonstrating the harmful chemicals in cigarettes, drugs or alcohol Guest Speaker (drug counsellor, police officer) 	 Diagram of the digestive system Collect packaging and nutritional labels and analyze and compare similar content Keep a healthy living journal
External Resources	Download the Students Guide to Mental Health at: <u>http://www.cmha.ca/mental_health/the-</u> <u>students-guide-to-mental-health-and-high-school/</u>	http://kidshealth.org/teen/drug_alcohol/	http://www.participaction.com/teen-challenge/ http://www.hc-sc.gc.ca/fn-an/food-guide- aliment/index-eng.php

PWT Year 1 ASP

<u>Society</u>

Topic:	Social Skills	Community Involvement
Essential Questions	How can having appropriate social skills improve my life?	How can I help my community?
Program Content	 Sharing Respect (self/others/school/community) Acceptable behavior Moral code Cooperation Bullying/intimidation Conflict resolutions Communication skills 	 Local community charities and organizations Volunteerism Local role models Community involvement project
Types of Assessments	 C1: Create own dialogue, skit, or video of 'what would you do vs. what should you do' C2: Create a fictional school code of conduct and pyramid of intervention with justifications C3: Anti-bullying campaign 	C1: Researching personal values, interests and causes to eventually pursue within the community C2: Justifying your cause C3: Community project
Types of Activities	 'Show and Tell' Self: Who am I project Community: graffiti: when is it art? Creating classroom code of conduct What Would You Do? What Should You Do? Presentation with specific roles Real life stories – research project Conflict resolution scenarios Lego back-to-back activity – giving instructions and taking instructions 	 Explore various opportunities for getting involved in their communities Guest speaker from community Research a local person who has contributed to the community Design and implement a project within the community
External Resources	ABC T.V. program – What Would You Do? CBC Connect with Mark Kelly – bullying special filmed at Philemon Wright Feb 2012	Community contacts

Consumption and Financial Independence

Topic:	Responsible Consumption	Budget
Essential Questions	How can I become a responsible consumer?	What's a budget and why do I need one?
Program Content	 Wants and needs Media influence on consumption (motivations and techniques) Overconsumption Environmental and human impact (human footprint, fair trade, buying local, child labour) 	 Terminology related to budget Concept of budget and how it works
Types of Assessments	C1: Personal code of consumerism C2: Debate: Should fines be enforced for failing to recycle and compost C3: Awareness campaign on fair trade	 C1: Role playing budget in classroom (accounting in and out for classroom privileges and activities) C2: Can you afford a? (Big screen T.V., iPad, etc.) C3: Budget for a fundraiser
Types of Activities	 Create a collage of wants and needs or inventory of what's in your room/locker? Advertising critique Film study: "Garbage" movie Research project on fair trade 	 Create a vocabulary word bank for financial words Look at basic example of a budget

		Deluxe Banking
nal ces	http://www.storyofstuff.org/movies-all/story-of-	Life Skills Practice (PCI)
terr our	stuff/	Teaching Teens About Money: <u>http://www.fcac-</u>
External Resources		acfc.gc.ca/Eng/forConsumers/lifeEvents/teachingChildren/Pages/Teaching-
		Sensibil-0.aspx

ASP

Curriculum Map

Year 2/3

Year 2/3 Curriculum Map Program Content: Autonomy and Social Participation

Subject specific knowledge targeted in the program	Specific Program Content
Health and Well-being	 Sexuality Public health Prevention (services and resources) Influencing factors Physical activity and eating habits Tobacco, alcohol and drugs Mental health/depression
Society	1. Social skills (Communication) 2. Prevention (social isolation and needs)
Financial Independence	 Balanced budget Institutions and transactions Savings Debt Income Expenses
Housing	1. Housing 2. Rights and responsibilities
Transportation	 Transportation needs Environmental impact Safety

The Prework Training program curriculum document states that "The teacher chooses from among the proposed content—provided as an example only those the students will cover, taking into account their skills, needs and degree of autonomy."

Therefore teachers must use their judgment regarding what content is best suited to the needs of their students.

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PWT Year 2/3 ASP

Health and Well-being

Topic:	Sexuality	Public Health	Physical Activity and Eating Habits
Essential Questions	How do I take care of my sexual health?	How do I access public health services?	How do I create long-lasting healthy habits?
Program Content	 What is considered sex? Law (age, consent, pressure, harassment, child pornography, date rape, assault) STI's (HIV, HPV) Pregnancy (prevention, signs, options) Relationships (healthy, heterosexual/homosexual, violence, online safety, sexting) 	 Access (CLSCs, doctor, dentist, clinics, online, school nurse, pharmacies, info-santé 8-1-1 phone line) Vaccinations (justifications, schedule, types) Coverage and benefits (deductions, insurance, private insurance) 	 Compare eating habits at home, school and work BMI (understanding) Promoting healthy habits (walking, stairs, outside, active over sedentary) Smart grocery shopping Health issues related to lifestyle choices (obesity, heart disease, life expectancy, eating disorders) and prevention
Types of Assessments	C1: Imagining a risky situation and planning how to act C2: Opinion editorial on relationships C3: Awareness campaign	 C1: Create a what-if booklet for health problems, symptoms and course of action C2: Debate on vaccinations C3: Create posters for health services in the area 	 C1: Healthy living journal in the working world C2: Debate on whether teens should be able to buy sodas, energy drinks, junk foods What food should be available for purchase in schools? C3: Creating a guide/poster for long-lasting healthy habits
Types of Activities	 Discussion of what it actually means to be healthy Research to create a concept map Record a sleep journal Look at recent stories in the news and discuss with students 	 Case studies (scratch on finger-go where, etc.) Researching history of vaccinations and epidemics Filling out an insurance claim form, reading an actual employee benefit booklet 	 Recording eating habits and activity level for a week Calculate and discuss the merit of BMI Comparing tips related to adopting lifestyle habits that promote better health Compare grocery stores via flyers, fresh vs. frozen vegetables Research health issues that stem from lifestyle choices
External Resources	www.babycenter.com, www.sexualityandu.ca www.scarleteen.com www.goaskalice.colombia.edu/	www.msss.gouv.qc.ca/en	YouTube videos on healthy eating habits, e.g. Single best thing for our health: 23 ½ hours video Supersize me-movie <u>http://www.nhlbi.nih.gov/guidelines/obesity/BMI/bmicalc.htm</u> BMI calculation

Health and Well-being

Topic:	Tobacco, Alcohol, and Drugs	Mental Health / Depression
Essential Questions	How do these substances affect and influence my life and those around me?	How do I take care of my mental health? (What is mental health anyway?)
Program Content	 What are they? (stimulants, depressants, chemical) Effects of drugs (social, family, physical review, mental, fetus, legal) Driving, working, and other activities while under the influence Harmful habits and addiction (binge drinking, symptoms and signs of dependency, gambling, gaming and other addictions) 	 Work/life balance Stress Anxiety disorders (what are they, signs, and when is it serious, how to get help) Depression (what is it, signs, and when is it serious, how to get help) Suicide (what is it, warning signs, how to get help)
Types of Assessments	C1: Imagining a risky situation and planning how to act C2: Legalization of marijuana article C3: Create a 'JUST SAY NO' commercial	C1: Rebalance your calendar to meet a better work/life situation C2: C3: Awareness Campaign, teen guide to mental health
Types of Activities	 Chart substances by category (using street names as well) Real life scenarios - bring in addicts, Intervention (T.V. program) Goggle activity (impaired vision goggles) Skits on how to act in different scenarios and how to intervene. Ex: You are concerned your friend has an addiction to gaming, what do you do 	 Create a calendar and evaluate time management (have to do, want to do, should and shouldn't do) Keep a mental health journal and analyze Online research and discussion Online research and discussion Online research and discussion
External Resources	Drug and Alcohol counselor presentation WQSB Drug and Alcohol Portal http://kidshealth.org/teen/drug_alcohol/alcohol/alcohol.html www.sadd.org	www.kidshealth.org/teen/your_mind Distress Centre Ottawa www.dcottawa.on.ca 613-238-3311

Society and Financial Independence

Topic:	Social Skills	Financial Independence
Essential Questions	How can gaining an understanding of myself, and others positively impact my life?	What kind of things do I need to know to help me become financially independent?
Program Content	 Communication skills at school, at home and at work Conflict resolution at home, with peers and in the workplace (work place relationships, gossip, power struggles, work place politics, safety) Tolerance (putting up with vs. understanding and accepting), prejudice and discrimination Preventing social isolation and promoting social contact 	 Savings (bank accounts, saving up for something, having a financial cushion, saving for retirement) Credit and debt (credit cards, forms of credit, interest, dangers of debt, acceptable debt – mortgage, car payments) Income (gross vs. net, deductions, hourly vs. salary vs. contract) Expenses (fixed, flexible and unexpected) Balancing a budget (living month-to-month) Institutions and transactions (banks, credit unions, Money Mart, fees) Safety and security (passwords, pins, identity theft)
Types of Assessments	C1: Debriefing and self-assessment following work placement about how a conflict was resolved C2: Debate topics in the news C3: Prepare a poster to fight discrimination	C1: Balance a budget using real life or scenario C2: Can I afford to live on my own? C3:
Types of Activities	 Different faces for different places (time and place)-LES Scenarios and discussions Film study with theme of tolerance, prejudice and discrimination (ex. "Crash") Make a list of all the ways you can be socially involved in your community and what resources exist to meet needs 	 Modify a budget to allow for savings and calculate how the savings accumulates over time Calculate interest paid on sample credit card bills Study sample pay stubs and calculate deductions Classify expenses using graphic organizer and evaluate standard of living and choices Create a working budget Compare and contrast different banks and what they have to offer Research latest security information and create top tips list

Films (Crash, In the Heat of the Night, A Time to Kill...) LES: Different Faces for Different Places

PWT Year 2/3 ASP

Housing and Transportation

Topic:	Housing	Transportation
Essential Questions	What factors influence my housing decisions?	What do I need, to get to where I want to go?
Program Content	 Renting vs. owning vs. boarding (pros and cons - utilities, insurance, costs associated, current availability, location, affordability) Setting up my first place (determining my needs, searching, financing, furnishing, moving) Rights and responsibilities (tenants, landlords, ownership, Quebec laws, applying for subsidized housing) 	 Evaluating personal transportation needs Public transportation (what is available, schedules, cost, encouraging physical activities) Personal transportation (wants and needs, costs, financing, new vs. used) Driver's license (how to study, get tested, vocabulary, rights and responsibilities, laws) Trip planning (bus schedule, GPS and Google maps, plan a vacation)
Types of Assessments	 C1: Create board game demonstrating knowledge of topic (game of life as it relates to housing, trivia, what if game) C2: Debate a local issue: tenants' rights, landlord's rights, availability of affordable housing C3: 	 C1: Compare and contrast different scenarios and options in terms of their viable transportation choices C2: Debate: Should the driver's license age be raised? What penalties should be given for drinking and driving? Etc. C3: Awareness campaign of impaired driving (drinking and drugs and distractions – friends, cellphones, loud music)
Types of Activities	 Graphic organizer compare and contrast Flow chart to illustrate choices and course of action Guest speaker discussing rights and responsibilities 	 Listing the activities that require different personal transportation needs Plan a bus trip and do it with the class Compare and contrast different scenarios and options Practice sample questions and study the drivers manual Planning a trip near or far

Externa I Resour ces	Local landlords Régie du logement	SAAQ
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Program Content MÉLS Curriculum Documents

We highly recommend teachers view this original source document. This curriculum map was created from this suggested program content. It has specific examples of **what could be taught** and **suggested activities for each concept**.

This document can be found at: <u>http://www.mels.gouv.qc.ca/en/parcours-de-formation-axee-sur-lemploi/</u>

Resources

Autonomy and Social Participation

Teaching Resources

1. *Life Skills Practice* Binder: publisher PCI Education http://www.pcieducation.com/life-skills-practice-PCI916.aspx

Sections in Binder: Being an Employee, Doing Your Banking, Getting Along with Others, Getting Organized, Making Decisions, Running a Household, Understanding Forms, Using a Budget

Publisher description: "An indispensable guide for preparing students for life after high school, *Life Skills Practice* contains hundreds of 'real-life,' 'hands-on' scenarios that encourage student confidence in dealing with a wide variety of everyday situations. This comprehensive program is suitable for individuals with varying levels of ability, and is written in a simple, user-friendly format. The 192 reproducible activity worksheets can be taught in any order and used for instruction or as study guides. They cover such practical everyday activities as decorating a home, dealing with illness, giving medical histories, using travelers' checks, preparing tax forms, eating on a budget, making a savings plan, and more."

2. Total Living Binder: publisher PCI Education http://www.pcieducation.com/store/item.aspx?itemid=41737

Sections in Binder: Budgeting, Extended World, Family, Health, Household, Leisure, Community, Work.

Publisher description: "The 200-page sturdy three-ring binder includes 30 reproducible units, Teaching Suggestions, and Answer Key. Students are introduced to eight different aspects of adult life and will learn to utilize methods of incorporating these aspects into their lives in a positive way. The thought- provoking activities are subjective and open ended, which might require students to think in ways that are new to them. There are "Thoughts for the Teacher" on each topic Overview page throughout the program. This feature offers a mix of activity clarifications, enrichment activities, guest speaker suggestions, and related discussion topics. The end-of-program wrap-up brings the entire process together with an emphasis on overall balance in life."

3. Life Skills for Today's World 5 workbook series: Publisher Steck-Vaughn (PCI Education)

http://www.pcieducation.com/store/item.aspx?itemid=44535

5 workbook topics include: Community and Government, Money and Consumers, Personal Health, The World of Work, and Your Own Home

Online resources

Quebec Literacy Working Group: Skills for Life

- Teaching Units created for Adult Literacy learners: Includes many topics related to ASP
- 30 units (student booklets) with some units accompanied by video
- Topics include: Managing Money, Communication Skills, Getting a Drivers License, My Health, etc.

Go to: http://www.learnquebec.ca/en/content/adult_ed/skills_for_life/

Financial Independence	Health
Choices and decisions: Teaching materials Visa http://www.practicalmoneyskills.ca/resources/freematerials/classroom/	Health Services for Youth:Street Smarts <u>http://www.danslarue.com/en/street-smarts</u>
Til Debt do us part TV show video's http://www.slice.ca/video/#til-debt-do-us-part/video Teen banking http://www.tdbank.com/wowzone/teens/ http://www.moneyinstructor.com/banking.asp Social Insurance Number SIN application form and info http://www.servicecanada.gc.ca/eng/sc/sin/? ga=1.256458703.5194241 82.1397764387	Healthy Lifestyle Nutrition Discovery Project http://www.learnquebec.ca/en/content/curriculum/personal_dev/pe/projects/cqsb /cqsb.html Sexual Health http://safehealthyschools.org/webquests/sexual_health/sexual_health_info.htm http://safehealthyschools.org/webquests/sexual_health/talking_with_parents.htm http://safehealthyschools.org/webquests/sexual_health/perceptions.htm http://safehealthyschools.org/webquests/sexual_health/perceptions.htm http://safehealthyschools.org/webquests/sexual_health/perceptions.htm http://safehealthyschools.org/webquests/career_development/index.htm http://safehealthyschools.org/webquests/sexual_health/perceptions.htm
Transportation SAAQ Drivers Licence website (Full of information) <u>http://www.saaq.gouv.qc.ca/en/driver_licence/index.php</u> Quebec SAAQ Road Safety quiz <u>http://www.saaq.gouv.qc.ca/quiz/securite/en/questionnaire.php</u>	http://safehealthyschools.org/webquests/curriculum/provCurrQU.htmCanadian Food Guide Teaching Resources http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.phpHealthy and Active Living Journal http://www.learnquebec.ca/en/content/curriculum/personal_dev/pe/projects/healt hjournal2007/index.htmlEMSB Healthy and Active Living Journal http://www.emsb.qc.ca/pedservices/sandydocs/healthy.pdf

Consumption	Health (cont.)
The Story of Stuff-video http://www.storyofstuff.org/movies-all/story-of-stuff/Fair Trade Teaching Materials http://teacher.beecoop.co.uk/?q=node/2 http://manderson.home.igc.org/teacherguide/index.htmlEnvironmental Footprint http://www.nationalgeographic.com/xpeditions/lessons/14/g68/Huma nFootprint.pdfNo Impact Project: 5 lessons topics include: Consumption/Food/Water/Energy/Transportation http://noimpactproject.org/educators-middle-high-schoolenvironment- curriculum-html/consumption-lesson-plan/	Single best thing for our health: 23 ½ hours video http://www.youtube.com/watch?v=aUaInS6HIGo Supersize Me: the movie Short video clips http://www.bing.com/videos/search?q=Supersize+me&qpvt=Supersize+me &FORM=VDRE Supersize Me teaching material http://iteslj.org/Lessons/Blake-SuperSize.html http://www.eslprintables.com/printable.asp?id=50629 Mental Health (Girl Talk) http://desiretoinspire.org/
Society	Housing
CBC Connect Mark Kelly: Bullyproof program filmed at Philemon Wright http://www.cbc.ca/news/interactives/bullyproof/	Canadian Mortgage and Housing Corporation <u>https://www.cmhc-schl.gc.ca/en/index.cfm</u>
ABC "What would you do? TV show http://abcnews.go.com/WhatWouldYouDo/	
Conflict Resolution http://onf-nfb.gc.ca/eng/collection/film/?id=33267	