

## Work Skills

## Competency 1: Develops specific competencies associated with one or more semiskilled trades

## **Key Features:**

- i. Recognizes work methods
- ii. Performs required tasks
- iii. Reflects on his/her methods

Learning Targets	
Students will be able to:	
☐ Use strategies to improve how they learn.	
☐ Use strategies to improve their performance in practicums.	
☐ Show concern for the quality of the product or service provided.	
☐ Examine each task related the specific competency associated with the choser	ı
trade, clearly understand the sequence of operations involved and identify the	e
methods and techniques appropriate to each work situation.	
☐ Considers legal and regulatory provisions related to each situation and the	
conditions for performing the different tasks, using different methods.	
☐ Make effective used of performance strategies.	
☐ Observe the characteristics of the workplace and model themselves on good	
workers.	
☐ Pay attention to instructions and explanations.	
☐ Ensure they understand the tasks they are to perform.	
☐ Share reflections with supervisors and peers to evaluate how they perform	
tasks.	
☐ Identify achievements and difficulties and envision ways of improving their	
performance.	
Evaluation Criteria:	
☐ Thorough preparation.	
□ Effective Strategies.	
□ Relevant reflections on his/her work methods and experience.	

# Competency 2: Adopts attitudes and behaviours required in the workplace

## Key Features:

- i. Recognizes expected attitudes and behaviours
- ii. Adapts to the workplace
- iii. Reflects on his/her attitudes and behaviours in the workplace

<u>Learning Targets</u>
Students will be able to:
☐ Anticipate the impact of certain behaviours and attitudes on the successful
completion of their practicums.
☐ Identifying the appropriate attitudes and behaviours in different work
situations.
☐ Demonstrate self-discipline.
☐ Consider the general characteristics of the workplace, its nature and function,
considering the specific requirements imposed by the workplace, as well as
other elements that may affect their behaviour.
☐ Demonstrate an ability to deal responsibly with unforeseeable situations and
take suitable measures.
☐ Demonstrate that they are open-minded and flexible.
☐ Show concern for establishing interpersonal relationships.
☐ Improve their employability skills by demonstrating appropriate attitudes and
behaviours.
☐ Reflect appropriately on their attitudes and behaviours.
<ul> <li>Identify attitudes and behaviours to retain, improve or develop and envision</li> </ul>
ways of making the desired change.
Evaluation Criteria:
<ul> <li>Accurate choice of attitudes and behaviours.</li> </ul>
<ul> <li>Degree of adaptability to the workplace.</li> </ul>
□ Relevant reflections on the attitudes and behaviours adopted in the workplace.

## **Program Content:**

## **Learning Process Phases-**

Preparation Performance Integration

## Preparation

- \* Determining students' choice of practicum based on their personal and occupational profile (acquired and developed during Preparation for the Job Market and Introduction to the World of Work).
- \* Focus on training needs, envision different ways of meeting them, increase motivation and alleviate fears about undertaking a practicum.

#### The student must:

- take advantage of their work-related and volunteering experience
- define their interests
- recognize their aptitudes and potential
- validate their perceptions by consulting people they trust
- identify the important elements to consider (e.g. employment sector, nature of tasks, distance and transportation options, specific requirements)
- identify the knowledge they need to perform the tasks
- envision expected attitudes and behaviours
- anticipate the resources they can use
- determine their first and second choice of practicum
- review the preparation phase

## Strategies:

- Learning about the different employment sectors:
  - \* talking to workers, parents, school staff, friends, classmates, etc.
  - \* consulting different resources: the Directory of Semiskilled Trades, Inforoute de la formation professionnelle, Emploi-Québec, REPÈRES, etc.
  - \* determining the employment sectors that correspond to their interests, aptitudes and training plan
- Identifying possible practicum positions:
  - consulting the bank of practicum positions provided by the teacher
  - \* consulting directories in local employment centres, Carrefours jeunesseemploi, chambers of commerce, etc.
  - locating potential practicum positions in their surroundings

- Consulting a complementary educational services staff member, in particular, a guidance counsellor
- Envisioning ways of managing stress
- Making contact with different workplaces in order to make an informed choice
- Applying for a practicum position

#### Performance

- \* Focus on development of specific competencies.
- \* Focus on adoption of attitudes and behaviours expected in the workplace.

#### The student must:

- become familiar with the work context and organization, the culture of the work environment, appropriate behaviours, etc.
- make sure they understand the tasks to be performed: ask questions, pay attention to instructions and reformulate them as needed
- become familiar with the supervisory structure, communication methods, facilities and work tools
- follow instructions, respect deadlines and do their best
- during the practicum, check with their supervisor or work colleagues that they are meeting requirements and expectations, and make any necessary adjustments
- review the performance phase

#### Strategies:

Observing the characteristics of the workplace

- \* Modelling themselves on good workers
- \* Listening and being open to instructions and explanations
- \* Verifying how to perform the required tasks
- \* Breaking down the task into steps if necessary
- \* Repeating certain tasks to facilitate the acquisition of automatic responses
- Bearing the expected outcomes in mind
- \* Accepting that they will not understand everything and asking questions as needed
- Taking every opportunity to learn
- \* Paying attention to the terminology associated with the employment sector and using it appropriately
- \* Reformulating the supervisor's instructions to make sure they understand
- \* Using a problem-solving process as needed
- \* Finding ways of remembering the applicable health and safety rules (e.g. taking notes, paying attention to pictographs)
- \* Consulting their workplace or school supervisor when faced with a problem

## Integration

- \* Reflect on practicum, critically look at the quality of their adaptation and training in the workplace.
- \* Identify strengths and areas that need improvement, determine strategies.
- \* Reflect on if this is the employment sector for them.

#### The student must:

- evaluate the quality of their adaptation and performance in the workplace
- take a critical look at different work methods and uses of resources
- take stock of their discoveries and determine how they enrich their personal and occupational profile
- consider their attitudes and behaviours, evaluate their consequences and make any necessary adjustments
- consider the effectiveness of the strategies used to overcome difficulties, especially in unforeseen circumstances
- consider different ways of improving their performance
- anticipate applying their competencies in other contexts
- reflect on the integration phase

#### Strategies:

- Basing their reflections on facts rather than impressions
- Discussing their experiences in the workplace with classmates:
  - \* support received
  - working climate
  - availability of resources
  - \* requirements
  - positive and negative aspects
  - \* stressful situations
  - \* leisure-school-work balance
- Discussing different aspects of their competency development with their practicum supervisors at school and in the workplace
  - \* practical aspects of their integration into the workplace
  - adaptation to the new environment
  - \* achievements
  - \* attitudes and behaviours
  - difficulties encountered
  - \* means used to improve their performance
  - \* more complex tasks to come
- Asking classmates and supervisors for suggestions on how to make improvements

## Attitudes and Behaviours that Foster Job Retention

- Sense of responsibility
- Respect for life and the environment
- Self-discipline (e.g. observance of schedules, politeness, courtesy, honesty, appropriate attire)
- Autonomy
- Team spirit and mutual assistance
- Reliability
- Thoroughness
- Constancy
- Attentiveness and open-mindedness
- Curiosity
- Sense of initiative (within occupational limits)
- Self-control
- Desire to learn and improve their skills
- Desire to establish harmonious interpersonal relationships

There are various resources for this information.

#### Documents and other resources:

- \* Directory of Semiskilled Trades
- \* Guide to Organizing Practicums in the Workplace
- \* Other resources- other tools that are useful to students in supporting competency development.

(Summarized by: J. McKay, 2020)